



Dig into Puerto Rico's history and cuisine while becoming oriented with the layout of Old San Juan on a guided food tour. Spend the next day exploring the cobble streets, parks, plazas, churches, and forts of this colonial city with some time for lunch and shopping. Spend a day in the countryside connecting with the jibaro (self-subsistence farmers) while providing a helping hand at a coffee plantation, in a traditional countryside kitchen as you prepare your own dinner, trying your hand at trova, and learning how to salsa. Enjoy a half-day of Surf Lessons on the mainland before taking a late-afternoon ferry over to Vieques. Wake up for an early-morning Horseback Ride, explore the local beaches, and after sunset join an evening Kayak tour of the worlds brightest Bio-Bay. Ferry back to the mainland for an Eco-Adventure (Hiking, Ziplining, Rapelling) in EL Yunque Rainforest - the only rainforest in the U.S. National Forest System - before heading to the beach for a final sunset.

Day	Area	Highlights
1	Old San Juan	Meet your Program Director at the airport for your flight to Puerto Rico. Check into hotel, unpack, freshen up, and meet in the hotel lobby for a 3-hour food tour that explores the streets and cuisine of Old San Juan. You'll arrive back at the hotel well fed and ready for bed.
2	Old San Juan	Spend the day enjoying Old San Juan's castles, fortresses, churches, museums, plazas, fountains, sculptures, restaurants, shops, and gelaterias. Highlights include Paseo de la Princesa, Raices Fountain, San Juan Gate, Plaza de la Rogativa, Castillo San Felipe del Morro, Plaza de Armas, El Parque de las Palomas, Casa Blanca, San Juan Cathedral, Museo de Las Americas and Castillo de San Cristobal.
3	Coffee Farming Cocina de Campo	Board your private shuttle(s) for an all-day excursion into the countryside where we'll spend the morning learning about coffee production at small coffee plantation before helping the owner with his daily tasks. Enjoy pinchos for lunch before heading to a hillside home for a traditional countryside cooking experience where you'll help prepare your own dinner, learn about trova (a traditional form of storytelling through song) and then salsa, before sitting down to enjoy your meal.
4	Surf School	Board your private shuttle for a shuttle to Luquillo Beach. Spend the morning learning how to surf, enjoy lunch/shopping at the Beach Kiosks, and then take the ferry over to Vieques. Freshen up for dinner.
5	Vieques	Choose between pre-breakfast horse-riding on Puerto Rico's beautiful Paso Fino horses (individual upgrade) or sleeping in! Late Breakfast. Spend the morning relaxing on a volcanic black sand beach, lunch/shopping, and the afternoon snorkeling. Early dinner then shuttle to the bio-bay. Buddy up, pick a kayak, and paddle out at dusk to experience the brightest bio-bay in the world.
6	El Yunque	Ferry back to Puerto Rico and board your private shuttle for an all-day excursion in El Yunque National Forest! We'll be hiking, rappelling, ziplining across the treetops, and taking in the views from Yokahú tower. End the trip relaxing on the beach until sunset.
7	Airborne	Shuttle to the airport. ¡Adiós Puerto Rico!

