

Italy | Rome & Ostia Antica









Rome, the Eternal City. As a millennium-long center of power, culture and religion, having been the center of one of the globe's greatest civilizations ever, has exerted a huge influence over the world in it's 2500 years of existence. With wonderful palaces, millennium-old churches and basilicas, grand romantic ruins, opulent monuments, ornate statues and graceful fountains, Rome has an immensely rich historical heritage and cosmopolitan atmosphere, making it one of Europe's and the world's most visited, famous, and beautiful capitals.

	Day	City	Highlights
	1	Airborne	Meet your Group Director at the airport for an overnight flight to Italy!
	2	Orientation	Arrive in Rome. Coffee/Pastry. Navigate to the hotel. Pizza/Panini. Walk to San Pietro in Vincoli. Admire Michelangelo's Moses. Gelato. Walk to the Domus Aurea (Nero's Golden House). Take a tour that includes a walkthrough using Oculus VR Goggles. Walk to the Basilica of Saint Clement. Explore the 12th century basilica, then descend to the 4th century basilica, and then descend to the 1st century domus of a Roman nobleman. Relax at the hotel. Head out for dinner.
	3	Ancient Rome	Early breakfast. Enjoy a guided tour of the Colosseum, Palatine Hill, and Roman Forum. Lunch overlooking Trajan's Column. Guided tour of the Domus Romane at Palazzo Valentini. Coffee/Pastry/Gelato. Elevator to the terrace of Il Vittoriano for your first panoramic of Rome. Climb the Capitoline Hill and admire Michelangelo's Piazza del Campidoglio. Explore the museums. Relax at the hotel. Head out for dinner. Visit to the Trevi fountain.
	4	Modern Rome	Early breakfast. Morning stroll up the Pincian Hill and through the gardens of Villa Borghese. Explore the Borghese Gallery. Enjoy the panorama of Rome then follow Via Veneto down to Piazza Barberini before heading across the hill to the Spanish Steps. Coffee/Pastry. Enjoy shopping on Via Condotti and Via Corso, regrouping at Piazza del Popolo. Follow the river bank to Castel Sant'Angelo then ascend for another great view of Rome and a Coffee/Pastry/Gelato at the café. Climb Janiculum Hill and take in another panoramic view of Rome at the Memorial Wall up. Dinner in Travestere.
	5	Outer Rome	Early breakfast. Navigate out to the Gladiator School on the Appia Antica where you'll learn about life as a gladiator, go through basic training, and then spar with your friends to win a certificate of freedom. Lunch/Shopping at Mario Batali's Eataly Roma. Spend the afternoon exploring the ancient commercial seaport and military base of Ostia Antica.
	6	Vatican City	Early breakfast. Guided tour of the Vatican Museums and Sistine Chapel. Enjoy the view of Rome from the cupola of Saint Peter's Basilica then explore the basilica itself. Lunch at Piazza Navona. Visit the Pantheon, Largo Argentino, and Campo di'Fiori. Shopping with a regroup at the hotel. Farewell dinner in the cellars of Da Pancrazio, famed as the restaurant built on the ruins of the Theatre of Pompey (where Caesar was assassinated).
	7	Airborne	Flight from Rome. Ciao Italia!









