



For groups traveling to Quebec over a school break we recommend visiting both cities! Montreal, second only to Paris in the ranks of French-speaking cities, is the cultural capital of Québec. It's historic port district, the modern downtown, and the beautiful parks and open spaces the city has to offer should not be missed if you're visiting Quebec for more than a few days. Quebec City is much smaller, but the historic district - recognized as a UNESCO World Heritage Site in 1985 - is larger and has fully preserved its European feel, history, culture and warmth. The journey to Quebec City from Montreal provides a perfect opportunity to tour the stunning Basilica of Sainte-Anne-de-Beaupré and marvel at Montmorency Falls where the Montmorency River cascades down into the Saint Lawrence River.

## Day Highlights

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| 1 | Meet your Program Director and arrive at hotel. Lunch in Old Port and explore the neighborhood: the Pointe-à-Callière Archaeological and History Museum where we take in the audiovisual show before visiting the remains of 17th century Montréal, tour the Basilique de Notre-Dame, take a professionally guided walking tour, and/or give the students time to shop and explore. Dinner in Old Port and followed by riding the Grande Roue de Montréal Ferris wheel.                           |
| 2 | Breakfast in the Plateau neighborhood. Walk up Mount Royal for a view of the city. Descend and learn about indigenous culture and Canadian art at the Musée des Beaux-Arts or Musée McCord, then head to the iconic Atwater Market for lunch and a French language activity. Navigate out to the Olympic Stadium to learn about Canadian flora and fauna at the Biodôme and Botanical Gardens, as well as the Tour Olympique. Head back downtown for dinner, followed by ice cream at La Diperie. |
| 3 | Enjoy breakfast in Montréal, then transfer to Québec City, stopping along to visit the Sainte-Anne-de-Beaupré Basilica and the Montmorency Falls. Lunch in Old Québec's Port District followed by a professionally guided orientation tour including the funicular and the Capital Observatory. Spend the evening enjoying traditional food, music, and dance at a Sugar Shack.   |
| 4 | Hearty breakfast of stuffed crêpes at Casse-Crêpe Breton in the Saint-Jean district followed by tours of the Ursulines Convent and the Old City Gaol at the Morrin Center. Lunch and exploring time on the Rue Saint-Jean followed by a presentation on the military history of Canada at the Musée du Fort and a historical reenactment experience at the Plains of Abraham. Freshen up for dinner on the Grande Allée.  |
| 5 | Relaxed breakfast at immensely popular Le Cochon Dingue on Petit Champlain, then tour the Citadelle and witness the ceremonial changing of the guard. Free time for lunch and shopping on Rue Saint- Jean, then return home. Au Revoir!   |

