



Explore the cobble streets and colonial fortifications of Old San Juan, try mofongo and pinchos. Travel into the central mountain range to enjoy the astonishing views from Cueva Ventana before spending an afternoon on an eco-adventure in the rainforest. Spend a day volunteering at one of the 200 farms participating in the World Central Kitchen's Plow to plate initiative. Hike into El Yunque Rainforest for a "refreshing" dip in the swimming hole at La Mina Falls, and zipline across the treetops. End the day back at Luquillo Beach learning the basics of surfing then relax and enjoy the beach until sunset.

Day	City	Highlights
1	Old San Juan	Meet your Program Director at the airport for your flight to Puerto Rico. Orientation - Find Hotel, Plaza Colon, Fort San Cristobal, Santa Maria Magdalena de Pazzis Cemetary, Plaza del Quinto Centenario, Fortaleza San Filipe del Morro, Plazuela de la Rogativa, San Juan Gate, Plaza del Immigrante, Raices Fountain, and Paseo de la Princesa. Dinner in Old San Juan overlooking the bay.
2	Old San Juan	Relaxed breakfast overlooking Old San Juan. Explore inside the 400-year old Castillo San Felipe del Morro, Casa Blanca (build for Ponce de Leon), La Fortaleza (the oldest governor's mansion in the western hemisphere), and San Juan Cathedral. Enjoy a relaxed lunch and spend some time exploring the famous shopping streets.
3	Service Day	Puerto Rico was devastated by successive hurricanes a few years ago, and in the aftermath one of the biggest challenges was getting food to the island. Today you help reduce food insecurity in Puerto Rico while volunteering at one of the 200 farms participating in the World Central Kitchen's Plow to Plate initiative.
4	Cordillera Central Luquillo Beach	Board your private shuttle(s) for an all-day excursion to the Cordillera Central Mountain range ending at Luquillo Beach. We'll start with a climb up to Cueva Ventana for an astonishing view of the Río Grande de Arecibo valley. Lunch is followed by an afternoon in the forest filled with a mix of interpretive hiking, ziplining, rappelling, hiking, and swimming. Check into hotel on Luquillo Beach and enjoy a swim in the warm turquoise Caribbean waters.
5	El Yunque Surfing	Board your private shuttle, we're spending the morning hiking in El Yunque National Park, swimming at La Mina Falls, and checking out the view across the treetops from Yokahú tower. Lunch back on Luquillo Beach, then spend the afternoon practicing the basics of surfing with our team of instructors.
6	San Juan	Shuttle to the airport. ¡Adiós Puerto Rico!

